

● **CASSANDRA LAMONT**
● **PROJECT MANAGER**

HUMAN RESOURCES CERTIFICATION | B.A. IN BUSINESS/CORPORATE COMMUNICATIONS | OPERATIONS & TEAM DEVELOPMENT SPECIALIST

Experienced in project planning, execution, and team coordination, I specialize in driving efficiency, meeting deadlines, and maximizing productivity. With a background in Business/Corporate Communications from California State University-Long Beach and a Human Resources Certification, I bring strong leadership in team training, HR management, and process optimization.

EXPERTISE

Project Management | Team Training | HR | Data Analytics | Communication | Problem-Solving | Time Management | Conflict Resolution

